



Centennial Elementary Lunch Menu *January 2017*

Meadows - Oliver - Parklane - View - Wood

Monday	Tuesday	wednesday	Thursday	Friday
Turkey Sandwich Grilled Cheese 2 Cheese Sticks w/ Teddy Grahams	Cheese Burger Cheese Pizza Yogurt Graham Crackers	PB & J Sandwich Italian Sub Sandwich 2 Cheese Sticks w/ Teddy Grahams	Cheeseburger Hot Dog Yogurt Graham Crackers	Grilled Cheese Tuna Sandwich 2 Cheese Sticks w/ Teddy Grahams

2	3	4	5	6
<i>HOLIDAY</i> NO SCHOOL	Corn Dogs Apple Corn Milk	Chicken Alfredo Applesauce Cauliflower Milk	Bean & Cheese Burrito Kiwi Broccoli Milk	Chili Fritos Pineapple Tidbits Veg. Beans Milk
9	10	11	12	13
Orange Chicken - Rice - Roll Orange Peas Milk	Turkey Gravy, Potatoes & Roll Peaches Veg. Beans Milk	Tillamook Cheese Burgers Pears Green Beans Milk	Brunch: French Toast & Scrambled Eggs Mandarin Oranges Broccoli Milk	Cheese Pizza Applesauce Carrots Milk
16	17	18	19	20
<i>Martin Luther King Jr</i> <i>Observance</i> NO SCHOOL	Chicken Nugget Bites Peaches Veg. Beans Milk	Swt & Sr Chicken-Rice Roll- Banana Green Beans Milk	Mac & Cheese/Roll Mandarin Oranges Broccoli Milk	Chili Fritos Applesauce Carrots Milk
23	24	25	26	27
Popcorn Chix Smackers Pears Carrots Milk	WG Mini Corn Dogs Apple Corn Milk	Spaghetti & Breadstick Applesauce Cauliflower Milk	Cheese Pizza Kiwi Broccoli Milk	BBQ Beef Rib Sand. Pineapple Tidbits Veg. Beans Milk
30	31	1	2	3
Teriyaki Beef Dippers Rice - Roll Orange Peas Milk	Chicken Tenders Roll Peaches Broccoli Milk	Teriyaki Chicekn Yakisoba noodles Oregon Blend Berries Green Beans Milk	Pasta Marinara Bread Stick Mandarin Oranges Carrots Milk	Chicken Burger Applesauce Veg. Beans Milk

Milk Options

Garden salad served daily.

Lunch

January 11 is a Farm 2 School Meal

1% White

On the Menu is

Non Fat

Grass Fed Beef Hamburgers with Tillamook
Cheese or Zenner All Beef Hot Dogs.

NF Chocolate

Harvest of the Month is Oregon Pears
from Harry & Davids of Medford.

revised 12/28/16

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